The Towers Times

The Board of Directors of Tower One/Tower East are pleased to announce the appointment of Jackie Curl, RN to the position of Interim President/Chief Executive Officer, effective March 28, 2017.

Jackie has been the Chief Operating Officer at The Towers for several years and brings a broad range of skills acquired through her leadership positions in a variety of settings in the field of senior care. Jackie is a Registered Nurse and has focused her careers’ work on issues that impact seniors. Jackie is very much looking forward to continuing her work with our dedicated team of staff, volunteers and donors to support our residents in this new role.

We’d also like to announce that Michelle O’Brien has assumed a new role as Marketing and Social Media Specialist. This is a new position and one that we are excited to introduce. Michelle will use her extensive knowledge to expand our marketing team and fill the need as a clinical liaison for residents and families with questions and concerns about moving to The Towers. She will also use her excellent communication skills and contacts in the community to expand our reach to seniors that may benefit from our services. The Lead Resident Services Coordinator position has been filled by Tania Butler, LPN. Tania comes to us with a wealth of eldercare and advocacy experience. Prior to accepting this new position she worked as an Assisted Living Nurse at The Towers for nearly 10 years. Her background also includes working with adults with developmental disabilities and also in the field of long term care. The Towers also joins Masonicare in welcoming Shante Hunt, RN.

Shante will be the Supervisor of Assisted Living for the Masonicare team at The Towers. Having graduated in 2006 as a Registered Nurse, she started her career in Internal Medicine, acute stroke intervention, and Telemetry. Since then she has worked in hospice, traditional home care, and assisted living.

Tower One/Tower East hosts The Beckerman Jewish Film Series Tuesday, May 9, 2017 7:00PM

Enjoy Director/Producer, Steven Loring’s humorous and poignant adventure of thirty seniors in Rochester, NY who sign up for a first-of-its-kind speed dating event exclusively for 70 to 90 year-olds. From anxious anticipation through the dates that follow, it’s an unexpected tale of intrepid seniors who lay their hearts on the line, and discover how dreams and desires change—or don’t change—from first love to the far reaches of life.

Steven received his MFA in Social Documentary Filmmaking from the School of Visual Arts in 2012, focusing on films that examine the cultural and interior lives of overlooked populations. As a screenwriter, he wrote eight Movies-of-the-Week for NBC, CBS and Lifetime. “THE AGE OF LOVE,” his first feature, was awarded a prestigious Fledgling Fund outreach grant for its “potential to change American culture.” It previewed at the AARP National Expo and has rolled out to nearly 400 venues across the United States and in 14 countries worldwide.

This event is free and open to the community.

For more information contact Susan at (203) 772-1816, ext. 150; susan@towerone.org.

Changes Happening at The Towers

Jackie Curl, RN

Steven Loring

Shane Hunt, RN

The Age of LOVE

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**Regular Programming Each Week**

**Sunday**
- 7:00 pm Evening Movie

**Monday**
- 9:30 am Wii Sports
- 10:30 am Chair Exercise
- 11:15 am Walk and Talk with Holly
- 11:30 am Let It Shine
- 1:00 pm Manicures with Jennie or Nails to Go
- 1:00 pm Relax and Rejuvenate
- 2:00 pm Yiddish Group
- 7:00 pm Evening Movie

**Tuesday**
- 1:00 pm Arthritis Exercise
- 2:00 pm Knitting Group
- 7:00 pm Sports Trivia
- 7:00 pm Evening Movie

**Wednesday**
- 10:45 am Towers Chorus
- 11:00 am Current Events
- 2:30 pm Bingo
- 7:00 pm Evening Movie

**Thursday**
- 10:30 am Art Class
- 1:00 pm Arthritis Exercise
- 7:00 pm Evening Movie

**Friday**
- 9:30 am Wii Sports
- 11:00 am Chair Exercise
- 11:00 am Christian Bible Study
- 1:00 pm Create-a-Word
- 2:00 pm Yoga with Debbie
- 2:00 pm Tai Chi for Men
- 3:00 pm Tai Chi for Women
- 5:30 pm Dominoes
- 7:00 pm Shabbat Service

**Saturday**
- 10:00 am Shabbat Service
- 10:00 am Watercolor Demo
- 1:00 pm Bridge Game
- 2:00 pm Afternoon Movie
- 7:00 pm Bingo

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**Watch for these Upcoming Events**

**Sun, April 2**
- 12:45 pm Out Trip: New Haven Museum

**Mon, April 3**
- 2:00 pm Poetry Group
- 3:30 pm Cultural Observances: Pesach

**Tues, April 4**
- 10:00 am Coffee Klatch
- 10:30 am Hearing Clinic

**Wed, April 5**
- 12:30 pm Catholic Mass
- 3:30 pm NHSO Concert Lecture

**Thurs, April 6**
- 11:00 am Deeper Jewish Learning
- 6:30 pm NHSO Concert
- 6:45 pm Out Trip: Fiddler on the Roof

**Fri, April 7**
- 10:00 am Hamden Shopping Trip

**Mon, April 10**
- 6:00 pm Passover Seder

**Tues, April 11**
- 10:00 am Passover Service
- 6:00 pm Passover Seder

**Thurs, April 13**
- 4:00 pm Gospel Choir Rehearsal

**Sun, April 16**
- Happy Easter!!
- 12:00 pm Early Dinner

**Tues, April 18**
- 10:00 am Passover Service
- 10:00 am Chair Massage by Leo

**Wed, April 19**
- 12:30 pm Out Trip: Stew Leonard's
- 1:00 pm Manager's Discussion

**Thurs, April 20**
- 11:00 am Food Committee
- 2:30 pm Health Chat
- 7:00 pm Soul Stretching

**Fri, April 21**
- 11:00 am Lunch and Learn

**Sun, April 23**
- 1:00 pm Yom HaShoah Program

**Mon, April 24**
- 7:00 pm University Glee Club

**Tues, April 25**
- 10:30 am Rivka Talks
- 12:30 pm BP Clinic
- 2:30 pm Nathan Sokoloff entertains

**Thurs, April 27**
- 11:00 am Deeper Jewish Learning
- 2:15 pm The Discovery Series
- 4:00 pm Gospel Choir Rehearsal
- 7:00 pm Tenant Council Meeting

**Fri, April 28**
- 10:30 am Rivka Talks

**Sun, April 30**
- 1:00 pm Squash Haven visits

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Please Note: Some regularly scheduled programs may be cancelled to accommodate other additional programs. We strive to frequently offer new programs in a wide variety of topics.

We are always adding to our Calendar of Events, so please be sure to check our website: [www.towerone.org/events](http://www.towerone.org/events) for the newest happenings at the Towers!
Save the Date:

UNIVERSITY GLEE CLUB PERFORMANCE

Monday, April 24
7 pm
Facebook Pic of the Month

Tower One/Tower East hosted the Annual Holocaust Proclamation Signing program. In attendance was the Honorable Mayor Toni Harp, City of New Haven, presenting and signing the Proclamation. Also addressing the audience were Mark Garilli, President/CEO, Tower One/Tower East; Judy Diamondstein, CEO, Jewish Federation of Greater New Haven, and Fay Sheppard, Greater New Haven Holocaust Committee. In addition, our own Towers’ resident, Isador Juda, a Holocaust Survivor and World War II Veteran, introduced his close friend, Norman Feitelson, also a Towers’ resident and World War II Veteran. Norm shared his story of his experiences having served in the Army during the years of 1943 through 1945.

Check us out and Like us on Facebook: Tower One Tower East!
Watch for updated pictures of your family member at many of our programs and activities!

Award Winner!

Our own Towers “Chef Matt” took second place in the Chef Challenge at this year’s Connecticut Assisted Living Association 22nd Annual Conference “Chef Challenge” contest. Over 15 assisted living communities statewide participated in three different categories (beef, chicken & seafood.) Matt entered with an award-winning recipe “Peachtree Chicken.” There were six communities entered in that category. Congratulations Matt!!

WISHLIST

- Gift cards (Michaels, AC Moore, Target, JoAnn Fabrics or ShopRite)
- Meal voucher for someone not on the meal plan to have a Passover Dinner
- Support Mollie’s Closet - Laundry detergent
- Knitting yarn, Red Heart brand
- Large print books

For more information on how you can make a difference in a senior’s life, please contact Vivian at 203-772-1816, ext. 290 or vivian@towerone.org

A FUNDRAISER TO BENEFIT TOWER ONE/TOWER EAST!

Donate your gently used furniture, appliances, housewares, clothing, lamps, TVs, knick-knacks, jewelry, etc. and let Helping Hands turn them into money for TOWER ONE/TOWER EAST!

Helping Hands
Community Thrift Store & Furniture Bank

ORANGE
334 Boston Post Road
Telephone: (203) 298-0499

TWO ADDITIONAL DROP-OFF LOCATIONS!
- 52 Richards St., West Haven (Warehouse)
- Tzedakah House, LLC
- 8 Lunar Dr., Woodbridge

Free Furniture Pick-up
203-782-4805

Drop Off Smaller Items

Friend us on Facebook
Visit our Website - www.helpinghandsctfb.com